

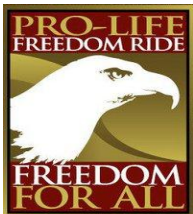
Chattanoogaans for Life News

Dear Friend of Life,

In a few days our country will be holding mid-term elections. As citizens we have a responsibility to educate ourselves and friends about the candidates and their positions on life issues. Life is a fundamental right, and it is our job to help defend it. People are afraid to mention politics and as a 501C-3 we are non-partisan. **“But being non-partisan doesn’t mean we keep silent.”** It means we speak out for life and inform others where candidates stand on life issues and how they have voted in the past. What does their literature say? Does it actually talk about being 100% pro-life? I would be concerned if it doesn’t talk about being pro-life. Let us remember to pray for God’s guidance as we go to the polls.

It’s hard to believe that it’s November and after elections comes a National Holiday, Thanksgiving Day. I’m sure each one of you has family traditions and favorite foods that make Thanksgiving Day special at your house. Let us remember not to get too caught up in the festivities without reflecting on God’s many blessings and our freedom of religion.

In this letter I would like to reflect on some recent activities. **Our Annual Prayer Chain for life** was held on Respect Life Sunday, October 3, 2010 at O.L.P.H. Church on S. Moore Road. People of all ages held signs as they stood and prayed along S. Moore Road. What a witness it was to the people that drove by. It was preceded by a presentation on the sanctity of life by Sr. Anna Wray, O.P. in the parish life center.



The second Pro-Life Freedom Ride for the Unborn was a great success! Father Frank Pavone, national director of Priests for Life, and Dr. Alveda King, niece of Martin Luther King Jr. and director of African-American outreach for Priests for Life, lead the kick off rally on Friday, Oct. 15, 2010 at the Tennessee Theater in Knoxville. Preaching, music and fellowship were all a part of this inspirational evening! Then on Saturday, Oct. 16, the Priests for Life Pastoral Team and members of the Silent No More Awareness

Campaign joined others for a prayer vigil outside Planned Parenthood, 710 N. Cherry St., Knoxville, TN. Next the Freedom Bus led the caravan to Chattanooga where the ride concluded with a memorial service at the National Memorial for the Unborn, 6232 Vance Rd. It was such a powerful witness to the sanctity of life as pro-life leaders and women and men from "Silent No More" shared their testimonies with the crowd!

October is also breast cancer awareness month. And like you my life has been touched by friends and family whose lives have been changed by this disease. Our society has been working hard to help raise funds for breast cancer research and some progress has been made. One thing we have been looking at for years are what we call the “risk factors”. There are some “risk factors” we are born with and can’t be changed, but there are others that we can change. Several years ago research found that HRT (Hormone Replacement Therapy) used during the menopause years was a cause of breast cancer in post menopausal women. Women were advised to stop using HRT and consult with their doctors so they could understand their risks.

Women's lives were saved because the public became aware of the facts. Did you know that oral contraceptives are the same drugs in HRT except in **MUCH HIGHER DOSES?** Thousands of young women and teens take them (this is a big business). These drugs increase triple negative breast cancer by over 200%. This is the hardest breast cancer to treat because it is not sensitive to hormonal treatment and not sensitive to the drug Herceptin. There has been a 400% increase risk of non-invasive breast cancers in premenopausal women since 1975.

"Do it for a woman you love" We've all heard this statement lately and I'm asking you to help inform the women you care about. Share these facts with them and download flyers on oral contraceptives and the ABC link (Abortion Breast Cancer). www.bcpinstitute.org
<http://www.mayoclinicproceedings.com/content/81/10/1290.full>

Perhaps this is a good time to look into NFP (Natural Family Planning), a form of birth control that honors God's gift of life! I remember back when I got married and my mom told me to get a calendar and count days. NFP is more than counting calendar days. Research shows that in addition to being healthier for women, couples that practice NFP also have healthier marriages and a much lower divorce rate. (Couple to Couple League website www.ccli.org)

Please join us in these upcoming Events:

BUS TRIP to the CAPITOL – Annual March is Jan. 22, 2011—see website for details
Bus trip to Washington, D.C. for the *Annual March for Life* on the Anniversary of Roe vs. Wade.

Youth Speech Contest – February 2011 Open to ALL high school students, call Frances 842-1647

RESPECT LIFE BANQUET & PRAYER SERVICE-- Friday, May 6, 2011

This is our Annual Awareness and Fund raising event.

Memorial for the Unborn --A prayer service will be held that Friday afternoon

We need your help! Kitty (322-8356) or Office (290-7314)

Thank-you!

Cindy Kedrowski, President

www.chattanoogaforlife.org